

St Cuthbert's Service
14th June 2020 10.00am

SING:

All my hope on God is founded

1. CALL TO WORSHIP

Worship God with gladness.
Come into his presence and sing his praises.

2. A GATHERING PRAYER

Loving Lord,
your grace draws us to your presence;
your peace unites us in your love;
your hope inspires us to praise your glory.
May our worship be worthy of you.

Amen.

3. A PRAYER OF APPROACH

We come before you, gracious God,
just as we are.
We come with our weaknesses
and our vulnerabilities.
We come with our fears and apprehensions.
We come with faith and doubt.
We come to offer and receive.
We come to you, the king of love –
in the name of your Son,
and in the power of your Spirit.

Amen.

4. A PRAYER OF CONFESSION

Lord,
you have called us to the privilege of service,
but we have failed to serve.
You have given us the blessing of peace,
but we have chosen discord.
You have loved as a shepherd tends his sheep,
but we have strayed from your way.
Forgive us, and show us the path of obedience
and faithfulness that your Son trod.
In his name, we pray.

Amen.

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen us in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

5. PRAYER FOR TODAY (called a 'collect')

God of truth, help us to keep your law of love
and to walk in ways of wisdom,
that we may find true life in Jesus Christ your
Son. **Amen.**

BIBLE READING: Exodus 19:2-8a

² The Israelites had journeyed from Rephidim,
entered the wilderness of Sinai, and camped in
the wilderness; Israel camped there in front of
the mountain. ³ Then Moses went up to God;
the Lord called to him from the mountain,
saying, 'Thus you shall say to the house of
Jacob, and tell the Israelites: ⁴ You have seen
what I did to the Egyptians, and how I bore you
on eagles' wings and brought you to myself.

⁵ Now therefore, if you obey my voice and keep
my covenant, you shall be my treasured
possession out of all the peoples. Indeed, the
whole earth is mine, ⁶ but you shall be for me a
priestly kingdom and a holy nation. These are
the words that you shall speak to the Israelites.'

⁷ So Moses came, summoned the elders of the
people, and set before them all these words that
the Lord had commanded him. ⁸ The people all
answered as one: 'Everything that the Lord has
spoken we will do.'

SING: Longing for light (Christ be our light)

BIBLE READING: Matthew 9:35-10:23

³⁵ Then Jesus went about all the cities and
villages, teaching in their synagogues, and
proclaiming the good news of the kingdom, and
curing every disease and every sickness.

³⁶ When he saw the crowds, he had compassion
for them, because they were harassed and
helpless, like sheep without a shepherd.

³⁷ Then he said to his disciples, 'The harvest is
plentiful, but the labourers are few; ³⁸ therefore
ask the Lord of the harvest to send out labourers
into his harvest.'

¹ Then Jesus summoned his twelve disciples
and gave them authority over unclean spirits, to
cast them out, and to cure every disease and
every sickness. ² These are the names of the
twelve apostles: first, Simon, also known as
Peter, and his brother Andrew; James son of
Zebedee, and his brother John;

³ Philip and Bartholomew; Thomas and
Matthew the tax-collector; James son of

Alphaeus, and Thaddaeus; ⁴ Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

⁵ These twelve Jesus sent out with the following instructions: ‘Go nowhere among the Gentiles, and enter no town of the Samaritans, ⁶ but go rather to the lost sheep of the house of Israel. ⁷ As you go, proclaim the good news, “The kingdom of heaven has come near.” ⁸ Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment. ⁹ Take no gold, or silver, or copper in your belts, ¹⁰ no bag for your journey, or two tunics, or sandals, or a staff; for labourers deserve their food. ¹¹ Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. ¹² As you enter the house, greet it. ¹³ If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. ¹⁴ If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. ¹⁵ Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgement than for that town.

¹⁶ ‘See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves. ¹⁷ Beware of them, for they will hand you over to councils and flog you in their synagogues; ¹⁸ and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. ¹⁹ When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; ²⁰ for it is not you who speak, but the Spirit of your Father speaking through you.

²¹ Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; ²² and you will be hated by all because of my name. But the one who endures to the end will be saved. ²³ When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes.

TALK

SING: Will you come and follow me?
(The Summons)

6. AFFIRMATION OF FAITH

Let us affirm our faith together:

Do you believe and trust in God the Father,
source of all being and life,
the one for whom we exist?

I believe and trust in him.

Do you believe and trust in God the Son,
who took our human nature,
died for us and rose again?

I believe and trust in him.

Do you believe and trust in God the Holy Spirit,
who gives life to the people of God
and makes Christ known in the world?

I believe and trust in him.

This is the faith of the Church.

This is our faith.

**We believe and trust in one God,
Father, Son and Holy Spirit.**

7. PRAYERS FOR OUR WORLD, CHURCH, FAMILIES AND FRIENDS

8. THE PEACE

Christ is our peace.

He has reconciled us to God
in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord
be always with you
and also with you.

We greet one another

‘SPIRITUAL COMMUNION’

Guidance On Spiritual Communion at this time of Coronavirus.

The term ‘Spiritual Communion’ has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer below offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving

thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.

9. SPIRITUAL COMMUNION

Jesus said, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.' John 6.35

10. LORD'S PRAYER

Our Father in heaven,
hallowed be your name

Your will be done

Your kingdom come, your will be done
on earth as in heaven

Your will be done

Give us today our daily bread.

Forgive us our trespasses,
as we forgive those who sin against us

Your will be done

Lead us not into temptation
but deliver us from evil.

Your will be done

**For the kingdom, the power and the glory
are yours now and for ever. Amen.**

And some words borrowed from the service of
Holy Communion . . .

Father, you made the world and love your
creation.

You gave your Son Jesus Christ to be our
Saviour.

His dying and rising have set us free from sin
and death.

And so we gladly thank you, with saints and
angels praising you, and saying:

**Holy, holy, holy Lord, God of power and
might, heaven and earth are full of your
glory.**

**Hosanna in the highest. Blessed is he who
comes in the name of the Lord. Hosanna in
the highest.**

. . .

Great is the mystery of faith

Christ has died:

Christ is risen:

Christ will come again.

Thanks be to you, Lord Jesus Christ,
for all the benefits you have given us,
for all the pains and insults you have borne for
us.

Since we cannot now receive you
sacramentally, we ask you to come spiritually
into our hearts.

O most merciful redeemer, friend and brother,
may we know you more clearly, love you more
dearly, and follow you more nearly, day by day.
Amen.

after the Prayer of St Richard of Chichester

**Lord Jesus Christ, you said to your disciples,
"I am with you always"**

**Be with us today, as we offer ourselves to
you.**

**Hear our prayers for others and for
ourselves,
and keep us in your care.**

Amen.

O God,
help us to trust you,
help us to know that you are with us,
help us to believe that nothing can separate us
from your love
revealed in Jesus Christ our Lord.

Amen.

We keep silence for a minute of reflection

(in one sense as if coming up to receive the
bread and wine)
recalling as we heard earlier that . . .

‘if we offer ourselves in penitence and faith,
giving thanks for the redemption won by Christ
crucified,
we may truly ‘eat and drink the Body and
Blood of our Saviour Christ’,
although we cannot receive the sacrament
physically in ourselves.
. . . In making our communion spiritually,
we are joining with Christians everywhere to be
nourished by the one who tells us, ‘I am the
Bread of Life’.

Living God, your Son made himself known
to his disciples in the breaking of bread:
open the eyes of our faith,
that we may see him in all his redeeming work;
who is alive and reigns, now and for ever.

Amen.

11. BLESSING

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

12. A SENDING OUT PRAYER

Go to serve;
go to love;
go to bring healing;
go to bring peace;
go in the strength of the Father;
go in the power of Jesus;
go united by the Spirit.
Go – and know his grace.

Amen.